# Analysis of Cystine in Urine:

Quantification of Cystine in Urine Using Luxon Ion Source®

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### Introduction

The rapid quantification of cystine in urine can be useful for the detection of cystinuria, an autosomal recessive disorder (MariaLuisa Cabello-Tomás, 1999). Newborn screening for this disease can be performed by thin layer chromatography (Auray-Blais *et al.*, 2021). Cystinuria is characterized by the formation of cystine kidney stones (Chillarón *et al.* 2010). Overexcretion of poorly soluble cystines causes accumulation of stones in the kidneys due to precipitation (Chillarón *et al.* 2010). Previously, the screening test for cystine in urine was qualitative (Wu et al., 1992). However, rapid quantification of cystine in urine can be helpful in confirming the diagnosis. Additionally, a high concentration of cystine in the urine can lead to kidney stones (obstruction) or kidney failure (Wear *et al.*, 2005).

Our goal for this application note is to develop a diagnostic tool to rapidly quantify cystine in urine, which will allow the rapid diagnosis of certain autosomal disorders, such as cystinuria.

LDTD-MS/MS offers specificity combined with an ultra-fast analysis for an unrivaled quantification method. To develop this application, we focused on performing an efficient sample preparation, which will increase the speed of the analysis process and confirm diagnoses more quickly.

# **Luxon Ionization Source**

The Luxon Ion Source<sup>®</sup> (**Figure 1**) is the second-generation sample introduction and ionization source based on the LDTD<sup>®</sup> technology for mass spectrometry. Luxon Ion Source<sup>®</sup> uses Fiber-Coupled Laser Diode (**Figure 2**) to obtain unmatchable thermal uniformity providing more precision, accuracy, and speed. The process begins with dry samples which are rapidly evaporated using indirect heat. The thermally desorbed neutral molecules are carried into a corona discharge region. High efficiency protonation and strong resistance to ionic saturation characterize this type of ionization and is the result of the absence of solvent and mobile phase.



#### Figure 1 - Luxon Ion Source®



Figure 2 - Schematic of the Luxon Ionization Source

# **Sample Preparation Method**

Stock solutions of Cystine (2000  $\mu$ g/mL) and Cystine-d6 (100  $\mu$ g/mL) were prepared in sodium hydroxide solution (50 mM). Then, artificial urine samples were spiked to generate a calibration curve and QCs.

### Derivatization and Extraction procedure

- $5 \ \mu L$  of urine sample were transferred to a borosilicate tube.
- 5  $\mu L$  of Internal standard (Cystine-d6: 20  $\mu g/mL$  in water) were added to each sample.
- 100 μL of Butanol-HCI (3N) were added.
  Mix
  - Mix
  - $_{\odot}$   $\,$  Transfer in block heater and let react at 65 °C for 40 minutes
- 100  $\mu L$  of mixture of NaOH (1M): K\_2HPO\_4(500 mM) / 0.3:1 was added.
- 100 μL of MTBE were added in the tube.
  - o Mix
  - Phase separation by gravity
- 50 μL of upper layer phase were transferred in a new tube and mixed with 50 μL of BSA solution (200 μg/mL in MeOH:Water / 75:25).
- Spot 5 μL of mixture on a LazWell<sup>™</sup> 96 plate
  Dry 4 minutes at 40 °C

# LDTD®-MS/MS Parameters

### LDTD

Model: Luxon S-960, Phytronix Carrier gas: 6.0 L/min (air) Laser pattern: 3-second ramp to 55% power

#### MS/MS

MS model: QTrap® System 5500, Sciex Curtain: 20 CAD: 8 IonSpray Voltage: 5500 Temperature, GS1 and GS2 set to zero. Scan Time: 100 msec Total run time: 0.15 minutes per sample Analysis Method: Positive MRM mode

#### Table 1 - MRM transitions for LDTD-MS/MS

	Transition	CE (V)	
Cystine	353.0 → 130.0	20	
	353.0 → 208.0		
Overtine of	359.0 → 131.0	20	
Cystine-d <sub>6</sub>	359.0 → 211.0	20	

# **Results and Discussion**

### Validation Test

Calibration curves ranging from 1 to 100  $\mu$ g/mL were prepared in synthetic urine. Two sets of QCs were prepared. One set in synthetic urine (QC-L, QC-M and QC-H) and a second set in standard urine (UQC-L and UQC-M). Replicate extractions were deposited onto a LazWell<sup>™</sup> plate and dried before analysis. The peak area against the internal standard (IS) ratio was used to normalize the signal.

# Linearity

The calibration curves were plotted using the peak area ratio and the nominal concentration of standards. For the linearity test, the following acceptance criteria was used:

Linear regression (r) must be  $\geq$  0.995

Table 2 shows the inter-day correlation coefficients for Cystine. Values greater than 0.995 are obtained. Figure 3 shows a typical calibration curve result for Cystine.



Figure 3 – Cystine calibration curve

Table 2 – Inter-day calibration curve correlation coefficients

	Cystine	R
Curve 1	Y = 0.07186 x - 0.00555	0.99921
Curve 2	Y = 0.07124 x - 0.01314	0.99812
Curve 3	Y = 0.06890 x - 0.04453	0.99882
Curve 4	Y = 0.06882 x - 0.04509	0.99919

### Precision and Accuracy

For the accuracy and precision evaluation, the following acceptance criteria were used:

- Each concentration must not exceed 15% CV
- Each concentration must be within 100 ± 15% of the nominal concentration

For the intra and inter-run precision and accuracy experiment, each QC was analyzed in sextuplicate, on four different runs. Table 3 and 4 show the intra and inter-run precision and accuracy results for Cystine. The obtained %CV was below 15% and the accuracy was within 15% of the nominal value

Table 3 - Intra-Run Precision and Accuracy of Cystine

Cystine	QC-L <sup>1</sup>	QC-M <sup>1</sup>	QC-H <sup>1</sup>	UQC-L <sup>2</sup>	UQC-M <sup>2</sup>
Conc (µg/mL)	3	50	70	11.6	61.6
N	6	6	6	6	6
Mean (µg/mL)	2.9	50.4	73.8	11.4	61.1
%CV	5.4	3.2	4.4	6.6	6.3
%Nom	98.3	100.8	105.5	98.1	99.2

Table 4 - Inter-Run Precision and Accuracy of Cystine

Cystine	QC-L <sup>1</sup>	QC-M <sup>1</sup>	QC-H <sup>1</sup>	UQC-L <sup>2</sup>	UQC-M <sup>2</sup>
Conc (µg/mL)	3	50	70	11.6	61.6
N	24	24	24	24	24
Mean (µg/mL)	3.0	50.0	69.3	11.6	61.9
%CV	7.1	4.0	8.8	7.8	6.7
%Nom	99.3	100.0	98.9	100.4	100.4

Note 1:. Cystine spiked in synthetic urine sample Note 2: Cystine spiked in urine sample

### Wet Stability of Sample Extracts

Following the extraction, sample extracts are kept at 4°C in closed containers protected from light. After a week, sample extracts are spotted on a LazWell<sup>™</sup> plate, dried and analyzed. The precision and accuracy results of QCs in synthetic urine samples are reported in Table 5. Results of QCs in urine samples are reported in Table 6. All the results are within the acceptable criteria range for one week at 4°C.

# Dry Stability of Samples Spotted in LazWell™

Extracted samples are spotted onto a LazWell™ plate, dried and kept at room temperature for 4 hours before analysis. The precision and accuracy results of QCs in synthetic urine samples are reported in Table 5. Results of QCs in urine samples are reported in Table 6. All the results are within the acceptable criteria range for 4 hours at room temperature.

Parameters	D (4	ry stabilit hours / R	y T)	Wet stability (1 week / 4°C)			
QC	QC-L	QC-M	QC-H	QC-L	QC-M	QC-H	
Conc. (mg/mL)	3 50		70	3	50	70	
N	6 6		6	6	6	6	
Mean (mg/mL)	3.1 52.1		73.9	3	52.6	72.6	
%CV	6.2 7.0		8.6	3.3	3.3	8.4	
%Nom	103.8	104.1	105.6	100.37	105.2	103.7	

Table 6 -Wet and Dry	Stability of C	Systine in Urine	Sample
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Parameters	Dry s (4 hou	tability urs / RT)	Wet sta (1 week	ability / 4°C)	
QC	UQC-L UQC-M		UQC-L	UQC-M	
Conc. (µg/mL)	11.6	61.6	11.6	61.6	
N	6	6	6	6	
Mean (µg/mL)	11.4	58.7	11.4	62.5	
%CV	4.7	7.1	2.6	5.2	
%Nom	95.5	95.3	98.4	101.5	

## Cross validation study

Urine samples from real patients were tested with this method to correlate with results obtained by traditional LC-MS/MS. The percentage difference between the values is evaluated. A difference of less than 15% is obtained. The results are reported in Table 7.

#### Table 7 - Cross validation between LC-MS/MS and LDTD-MS/MS

Cystine	U1	U2	U3	U4	U5	U6	U7	U8	U9	U10	U11	U12
LC (mg/mL)	11.3	20.9	17.2	25.9	16.2	27.1	19.1	29.3	3.0	12.3	11.2	19.6
Luxon (mg/mL)	13.1	23.4	18.4	28.1	17.0	28	19.4	32	2.5	12.1	11.3	20.9
%Diff (%)	7.5	5.6	3.5	4.1	2.4	1.6	0.8	4.4	-8.6	-0.8	0.3	3.2

## Conclusion

The Luxon Ion Source<sup>®</sup> combined with the Sciex QTrap<sup>®</sup> 5500 mass spectrometer system enables the rapid analysis of cystine in urine. This method of analysis can thus be applied at the clinical level in order to diagnose certain autosomal recessive disorders such as cystinuria.

#### References

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